

# LIVING MOXIE

## June 2017 Journal Prompts

1. +What are you dreaming to plan, and planning because you believe?
2. When did you stop asking questions? Why?
3. Speak your mind on one topic for 3 pages.
4. When did the world last take your breath away?
5. Where are you done arguing over the shame shit? What can you replace it with?
6. Write about being raw, naked and bare in the eyes of others.
7. Where do you care more about what others think of you than you think of yourself?
8. When and where do you need to be more patient with yourself? And others?
9. Write about the story when you felt more alive and you than you have ever felt.
10. What do you miss most about the friendships from your younger years?
11. What are you going through right now?
12. If 'you must do the things you cannot do', what are you going to do third?
13. What do you just not tolerate anymore?
14. Where is freedom waiting for you?
15. Where do you think your life is in a lens? Where's your proof? And myths?
16. When has messy been your best.
17. Tell the story you want to tell in three pages or less.
18. What do you think people need to know to know about you to understand you?  
Is it true?
19. Write as if there was no fail on your deepest dreams.
20. Not like that, like this. What needs to give now do you can grow?
21. Do they really care. Or do you think they care?
22. Write a new story. Starting now. 180 degrees from your past.
23. Who are you really? Beyond any labels.
24. Write a letter to the biggest party-pooper in your life. Don't send it.
25. Who can you be unfiltered with?
26. Where have you 'been in pieces' and been repaired more beautiful before the break?
27. What would you say if you 'spoke your lines with confidence'?
28. Write Plan A and Plan B. What do you like from both for plan A+?
29. How are you going to double your rate of 'living life unfiltered'?
30. Speak your lines with confidence for 30 minutes.